



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WELCOMING YOU BACK- STARTING WEDNESDAY, JUNE 10TH

We missed you! It's been hard to be away from the people that we care about. Thank you for doing your part to stay safe and keep others safe as well. We have been carefully planning to reopen our facility and reactivate our services in the safest manner possible. The way we will interact with each other will be different, but at the Y, you'll always be able to connect with people, improve your health and wellness, nurture your child's potential, and join us as we strengthen our community.

Your safety is our number one priority.

We're following guidance from the Minnesota Department of Health and local officials to determine the safest way to serve everyone in our community. We are doing everything possible to ensure our facility meets the highest standards for hygiene and safety, and we have modified our policies and programs to facility safe social distancing practices. We ALL have a vital role to play in maintaining a healthy environment in our Y. Please review these guidelines carefully.

WHAT TO EXPECT WHEN VISITING

PHASE 1 REOPENING GUIDELINES AND KEY TAKEAWAYS

- Current YMCA members age 14 and above will be allowed access to the facility. No guest pass, day pass, or nationwide memberships will be allowed at this time.
- Open areas and provided services during Phase 1 Reopening: Fitness center, weight machines/free weights (now located in the gym), & single use restrooms. The fitness and weight areas will operate at 25% capacity. Group Exercise classes will continue virtually during Phase 1.
- Areas and services not provided during Phase 1 Reopening: Child Watch, Gymnasium (for organized/open sports), Locker Rooms, Pools, Rock Wall, Towel Service & Track.
- Building hours will be: Monday-Friday 5:30AM-1:30PM & 2:30-7:30PM (closed from 1:30-2:30PM for deep cleaning); Saturday: 8AM-2PM & Sundays: Closed

SAFETY AND SANITATION GUIDELINES

- We ask that members workout for only 60 minutes within the facility at a time to allow for usage for all of our members.
- Both cardio and weight machines have been moved to follow physical distancing guidelines.
- Main entrance and internal doors will be left open to help limit touch points and increase ventilation.
- Staff will conduct regular cleaning and disinfecting of high touch areas and equipment throughout the day.
- We will have added sanitization stations- all members are to clean all equipment before after use.
- Increased signage throughout the facility will indicate directional flow, physical distancing, handwashing and sanitation efforts.
- Staff will wear a mask at all times except for when they are teaching a group ex fitness class or if they are in their individual offices.
- We strongly encourage members to wear a mask in areas of transition, shared or crossover spaces, including the lobby, hallways, walkways and restrooms.

FACILITY & CAPACITY GUIDELINES

Building areas will have a capacity limit and clearly marked areas that will be accessible to members as follows:

- Fitness Center: (capacity limit to 29 people at one time)
- Gymnasium half court with weights: (capacity limit to 25 people at one time)

CHECK-IN PROTOCOLS

Step 1:

- Members should wait at least 6 feet from the person in front of them, until the front desk staff member is able to administer a health screening (look for the decals on the floor).
- Check for allowed items to be brought into the Y- phone, keys, water bottle, a personal sweat towel and a small bag will be allowed. Please note there are limited storage areas for personal belongings.
- Staff are required to wear masks into the facility; members are strongly encourage to wear a face covering. Face coverings are recommended by the CDC in preventing the distribution of droplets that come from sneezing, coughing and simply breathing.

Step 2:

- Staff will use a no-touch thermometer to take the temperature of all members and assess signs of illness. Any member who registers a temperature of 100.4 or more will not be allowed into the YMCA.
- Children in day camp will have their temperature checked curbside by a day camp staff member.

Step 3:

- Members will use their scan tag to scan into the facility and proceed.
- Members are encouraged to wash their hands or sanitize prior to working out.

CHECK-OUT PROTOCOL

- Members are encouraged to wash their hands or sanitize prior to leaving.
- Members will exit out the North door of the facility.

PHASE 2 UPDATES

Phase 2 will include child watch, group exercise fitness classes and pools. We will release more info on Phase 2 by Monday, June 15th at 5PM.

QUESTIONS?

Please review the information provided here. If you still have questions not answered in this communication, please contact Meredith Daley, Executive Director/CEO, at meredith.daley@ymcaworthington.org

Thank you for your cooperation in our efforts to maintain a safe environment for all of our members.