



Worthington Area YMCA (January-February)

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

North Gym Schedule (Closest to Pool)

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
5:00 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM		
6:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
7:00 AM						Open 8:00 AM	
8:00 AM						Youth Indoor Soccer	
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							Open 1:00 PM
1:00 PM			Open Gym				Open Gym
2:00 PM						Open Gym	
3:00 PM							
4:00 PM							
5:00 PM	Adult Basketball League	Coed Volleyball League		K-1 Basketball			
6:00 PM				Open Gym			
7:00 PM				Women's Volleyball League			
8:00 PM							
9:00 PM					Close 7:30 PM	HS Soccer 6-9:30pm Rest of Building is closed	
10:00 PM	Close 9:30 PM	Close 9:30 PM	Close 9:30 PM	Close 9:30 PM			

* Gym Schedules are subject to change in response to special events, programs and rentals



Worthington Area YMCA (January-February)

South Gym Schedule (Farthest from Pool)

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
5:00 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM		
6:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
7:00 AM						Open 8:00 AM	
8:00 AM							
9:00 AM							
10:00 AM	Silver Sneakers Classic	Silver Sneakers Yoga Active Older Adults	Silver Sneakers Classic	Silver Sneakers Yoga Active Older Adults		Youth Indoor Soccer	
11:00 AM	Pickleball	Open Gym	Pickleball	Open Gym	Pickleball		
12:00 PM							Open 1:00 PM
1:00 PM							Open Gym
2:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
3:00 PM							
4:00 PM							
5:00 PM	Adult Basketball League	Coed Volleyball League	Open Gym	K-1 Basketball	Open Gym	Open Gym	
6:00 PM				Open Gym			
7:00 PM				Women's Volleyball League			
8:00 PM				Close 7:30 PM			
9:00 PM	Close 9:30 PM	Close 9:30 PM	Close 9:30 PM	Close 9:30 PM		HS Soccer 6-9:30pm Rest of Building is closed	
10:00 PM							

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Worthington Area YMCA (January-March)

Kids Gym (Small Gym W/ Sports Wall)

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>						
5:00 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM								
6:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym								
7:00 AM						Open 8:00 AM							
8:00 AM						Mini Sports 8:45-10:00							
9:00 AM						Open Gym		Open Gym	Open Gym	Open Gym	January 22nd Gym Closed 8am-2pm	Open Gym	
10:00 AM													
11:00 AM													
12:00 PM													Open 1:00 PM
1:00 PM													
2:00 PM													
3:00 PM						Close 5:00 PM		Close 5:00 PM	Close 5:00 PM	Close 5:00 PM			
4:00 PM													
5:00 PM													
6:00 PM													
7:00 PM	Close 7:30 PM												
8:00 PM													
9:00 PM													
10:00 PM	Close 9:30 PM	Close 9:30 PM	Close 9:30 PM	Close 9:30 PM									

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