



# Worthington Area YMCA (April 1 - May 29, 2022)

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## North Gym Schedule (Closest to Pool)

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
5:00 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM		
6:00 AM	Open Gym		Open Gym		Open Gym		
7:00 AM						Open 8:00 AM	
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM	Pickleball	Open Gym	Pickleball	Open Gym	Pickleball	Open Gym	
12:00 PM							Open 1:00 PM
1:00 PM							Open Gym
2:00 PM	Open Gym		Open Gym		Open Gym		
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM						Close 5:00 PM	Close 5:00 PM
7:00 PM							
8:00 PM					Close 7:30 PM		
9:00 PM							
10:00 PM	Close 9:30 PM	Close 9:30 PM	Close 9:30 PM	Close 9:30 PM			

\* Gym Schedules are subject to change in response to special events, programs and rentals



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## South Gym Schedule (Farthest from Pool)

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>			
<b>5:00 AM</b>	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM					
<b>6:00 AM</b>	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym					
<b>7:00 AM</b>						Open 8:00 AM				
<b>8:00 AM</b>										
<b>9:00 AM</b>										
<b>10:00 AM</b>	Sliver Sneakers Classic	Silver Sneakers Yoga	Sliver Sneakers Classic	Silver Sneakers Yoga						
<b>11:00 AM</b>	Open Gym	Open Gym	Open Gym	Open Gym		Open Gym	Open Gym			
<b>12:00 PM</b>								Open 1:00 PM		
<b>1:00 PM</b>										
<b>2:00 PM</b>										
<b>3:00 PM</b>										
<b>4:00 PM</b>										
<b>5:00 PM</b>										
<b>6:00 PM</b>									Close 5:00 PM	Close 5:00 PM
<b>7:00 PM</b>										
<b>8:00 PM</b>									Close 7:30 PM	
<b>9:00 PM</b>										
<b>10:00 PM</b>	Close 9:30 PM	Close 9:30 PM	Close 9:30 PM	Close 9:30 PM						

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## Kids Gym (Small Gym W/ Sports Wall)

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>	
5:00 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM	Open 5:30 AM			
6:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym			
7:00 AM						Open 8:00 AM		
8:00 AM						Open Gym		
9:00 AM								
10:00 AM								
11:00 AM								
12:00 PM								Open 1:00 PM
1:00 PM								Open Gym
2:00 PM								
3:00 PM								
4:00 PM								
5:00 PM	Close 5:00 PM	Close 5:00 PM						
6:00 PM								
7:00 PM								
8:00 PM								
9:00 PM								
10:00 PM	Close 9:30 PM	Close 9:30 PM	Close 9:30 PM	Close 9:30 PM				

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