The Worthington Area YMCA & City of Worthington Aquatics Center

Adult Supervision Policy

Facility

For the purposes of this policy, an adult is defined as someone who is 18 years of age or older.

- 0 – 9 years of age
    - Must have adult supervision in the facility or can be dropped off in the child-watch room.
- 10 and older
    - Can be alone in the facility without adult supervision.

Fitness Center & Track

For the purposes of this policy, an adult is defined as someone who is 18 years of age or older.

- 0 – 10
    - Not allowed in the fitness center or track.
- 11 - 12
    - Allowed to use the track, not allowed in the fitness center.
- 13 – 15
    - Upon completion of the active teens class, or if accompanied by a parent, individuals in this age range can use the fitness center. An Active Teens Identification Badge must be worn when an individual is using the fitness center.
- 16 and older
    - Allowed to use the fitness center by themselves. No class required.

Aquatics

For the purposes of this policy, an adult is defined as someone who is 18 years of age or older.

- 0-6 years of age

    - An adult must be in the pool and within arm's reach of the swimmer(s). Swim testing is required to use the deep end of the lap pool (past the float line) and the diving well (including the rock wall and diving board). Adult Supervision is also required in the locker rooms of the facility.

- 7-11 years of age

    - An adult must be on the pool deck near the swimmer, or in the pool, actively supervising the swimmer(s). Swim testing is required to use the deep end of the lap pool (past the

float line) and the diving well (including the rock wall and diving board). Adult Supervision is also required in the locker rooms of the facility.

- 12-17 years of age

    o No adult supervision required. Swim testing is required to use the deep end of the lap pool (past the float line) and the diving well (including the rock wall and the diving board).

- 18 and older

    o No adult supervision required. No testing required.

Enforcement of Adult Supervision

Employees should follow a three strikes rule of enforcement per day of operation. The strikes should re-set every day. The main employees that will be enforcing this policy include all full-time staff, lifeguards, and the front desk staff.

Reminder/ Explanation of the policy – this should be done at the front desk when swimmers arrive.

1st Strike – Employee should take the child to the adult and explain the rule.

If a child is supposed to be supervised, but they have been dropped off without supervision or an adult cannot be found, the parent or guardian of the child should be called immediately. They should then be informed of the policy and a plan should be put into place for how the policy will be followed. This may mean that the child will have to be picked up or an adult will agree to come and supervise the child. Children without proper supervision should wait in the lobby under supervision of the front desk employee, or in the child watch room if it is open, till an adult arrives. For the outdoor aquatic center, the children will wait inside the facility, out of the water, with a staff member.

2nd Strike – Employee takes the child to the supervising adult and they will be asked to leave the facility for the day at the discretion of the YMCA employee.

If an adult cannot be found, the parent or guardian of the child should be called. Children without proper supervision should wait in the lobby under supervision of the front desk employee, or in the child watch room if it is open, till an adult arrives. For the outdoor aquatic center, the children will wait inside the facility, out of the water, with a staff member.

Further Consequences

If there are individuals that are repeat offenders of the policy, and they have been clearly informed of the policy to which they understand, then the family (or specific family members) can be suspended. This will be dealt with on a case-by-case basis. A meeting between the Aquatics Director, CEO, Parent & Child will be held to determine further courses of action.