

Worthington YMCA Group Swim Lesson Policies

Class Size

Maintaining proper ratios of instructors to students is important in ensuring that each student can get the attention needed to learn to swim. We strive to maintain our class sizes outlined below to ensure quality and safety during lessons. The ratios set below are the maximum numbers of students that will be allowed in a class. If there is more than one instructor teaching the class, then more students will be allowed into the class. A class may be cancelled due to low registration. If this happens the Worthington Area YMCA will recommend what would be a good fit for the student, whether it's moving to a different session or joining a different class in that same session.

Parent/ Child Classes: 1 instructor per 10 – 12 pairs of adults and students

Pre-School Classes: 1 instructor per 5 students maximum

School Age Classes: 1 instructor per 6 - 8 students maximum

Attendance

When a student consistently misses their lesson, it is difficult for the instructors to effectively teach the student. Because of this, the instructor is unable to adequately give a recommendation as to what stage the student should be at moving forward. Whether a student passes a stage class or not is determined by the student's skills that have been demonstrated in class, not by attendance.

We recommend that students do not miss more than 4 classes. We are not able to offer individual make-up, drop-in sessions, or credits/ refunds for students who have missed a group classes.

Class Cancellation

If a class is cancelled by the YMCA due to pool closure or a lack of instructor, we will do what we can to reschedule a group session. Individual sessions are not permitted due to a group cancellation. No more than two lessons will be rescheduled per session. Schedule changes will be announced via email, phone call or Facebook. Please make sure your contact information is correct and up to date when registering for swimming lessons.

Swim Attire

To participate in our swim lesson program, everyone in the water must follow the YMCA Swim Attire Guidelines. The guidelines are outlined below.

1. Street clothes can transport airborne and ultimately introduce waterborne contaminants in the pool.

2. **No Cotton based clothing is** allowed in the pool. Cotton and similar materials can absorb the chemicals in the water causing the water to become less effective in maintaining the proper chemical balance or may cloud the water.
3. Lycra and Nylon are the best non-absorbent material for swimming and are the best fabrics for swim attire.
 - a. Other absorbent materials (such as cotton) can break down in the water and cause fibers to clog filters.
 - b. Any dyed material (unless specifically made for swimming) can bleed into the pool. This effects water balance and cloudiness in pools

Examples of approved swimwear: One- and Two-Piece Swimsuits, Swim Diapers, Swim Briefs, Swim Jammers, Board Shorts, Short Sleeve Rash Guard, Long Sleeve Rash Guard, Wetsuit, and Religious Swimwear

Examples of Prohibited Apparel: Non-Swim Shirts, Athletic Shorts, Compression Shorts, Running Shorts, Sports Bras, Denim Jeans or Shorts, Non-Swim Diapers, and Revealing Swimwear/ Thongs.

Pool Use

During swim lessons, no other swimmers are allowed in the pool unless there is scheduled "Open Swim" or "Adult Lap Swim" time that overlaps swim lessons. Additionally, students must wait for their instructor to allow them into the water and are not permitted to be in the water without their instructor.

Program Refund Policy

The YMCA reserves the right to cancel programs due to insufficient enrollment. When a program is cancelled the YMCA will make every effort to contact registrants before the scheduled start of the program. Complete credit/ refunds will be given when this occurs.

In the event of physical injury or medical illness resulting in an inability to participate in a registered program, participants must notify the YMCA and provide a Doctor's note to receive credit/ refund.

Persons who wish to withdraw their registration must do so no later than two business days before the activity is scheduled to start. There will be a \$3.00 service charge on all credit/ refunds unless cancelled by the YMCA.

No credit/ refunds will be made after the two (2) business day policy prior to the start of the program.