

Worthington Area YMCA & Worthington Water World Lifeguard Job Description

Job Title: **Lifeguard**

Reports to: Head Lifeguard & Aquatics Director

Position Summary:

This position supports the work of the Y, a leading nonprofit, charitable organization committed to strengthening community through youth development, healthy living, and social responsibility. The Lifeguard at the Worthington Area YMCA creates a safe and positive atmosphere that welcomes and respects all individuals while promoting and maintain safe swimming conditions in the pool, deck, and surrounding areas in accordance with YMCA policies and procedures.

Essential Functions:

1. Maintains active surveillance of the pool area.
2. Knows and reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies and procedures.
3. Knows, understands, and consistently applies safety rules, policies, and guidelines for the pool and aquatic area.
4. Completes chemical testing, closing checklists, incident reports, and other records required by the state health department and/or YMCA.
5. Responds to challenges with possible solutions in a timely manner.
6. Remains calm and objective when under pressure or when challenged by others.
7. Completes all opening duties and/ or closing duties.

Leadership Competencies:

- Inclusion
- Critical Thinking & Decision Making
- Emotional Maturity

Qualifications

- Minimum age of 15
- Certifications: American Red Cross Lifeguarding or an accepted equivalent that fulfills the following certifications: lifeguarding, basic life support or professional rescuer CPR/ AED, and first aid.
- Child abuse prevention, blood borne pathogens, personal protective equipment, diversity, and active shooter online training completed within 30 days of hire date.

These trainings will be provided by West Bend Insurance through the Worthington Area YMCA.

Physical Qualifications

- Ability to pass the American Red Cross Lifeguarding Course Prerequisites
- Hear noises, distress, and whistle signals in both an indoor and outdoor aquatic environment, including in the water and anywhere around the zone of responsibility.
- Remain alert and attentive with no lapses of consciousness.
- See and observe all sections of an assigned zone or area of responsibility.