

MAY INDOOR POOL SCHEDULE

Last Updated: 5/1/2025



LAP SWIM/ AQUA EXERCISE SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM Lap 5:45-7:15 AM	AM Lap 5:45-7:15 AM	AM Lap 5:45-7:15 AM	AM Lap 5:45-7:15 AM	AM Lap 5:45-7:15 AM	Sat AM Lap 8:30-9:30 AM	
Aquanastics 8-8:55am		Aquanastics 8-8:55am		Aquanastics 8-8:55am	Aqua Zumba 8:30-9:30 AM	
Noon Lap 12:00-1:00 PM	Noon Lap 12:00-1:00 PM	Noon Lap 12:00-1:00 PM	Noon Lap 12:00-1:00 PM	Noon Lap 12:00-1:00 PM		
Evening Lap 5:00-7:35 PM	Evening Lap 5:00-6:00 PM	Evening Lap 5:00-7:35 PM	Evening Lap 5:00-7:00 PM	Evening Lap 5:00-6:00 PM		
			Aqua Zumba 6:00-7:00 PM			

OPEN SWIM / GROUP SWIM LESSON SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Group Lessons 5:00-7:35 PM		Group Lessons 5:00-7:35 PM				
	Open Swim 6:00-8:00 PM			Open Swim 6:00-8:00 PM	Open Swim 1:30-4:30 PM	Open Swim 1:30-4:30 PM

*Group Lessons start May 5



For our pool rules,
scan this QR Code

For our lap swim guidelines,
please scan this QR Code

