



STRONG SWIMMERS CONFIDENT KIDS

Location: Worthington Area YMCA / City of Worthington Indoor Aquatic Center

Fee: Member \$34 per session/ Non-Member \$64 per session

Registration for Fall Swim Lessons Opens Monday, August 4th

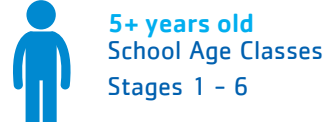
WHAT AGE GROUP IS MY STUDENT?



6 months - 3 years
Parent/ Child Class



3 years - 5 years
Preschool Age Classes
Preschool 1 & 2



5+ years old
School Age Classes
Stages 1 - 6

WHICH STAGE IS THE STUDENT READY FOR?

Is the student comfortable working with an instructor without a parent in the water? Respond to verbal cues and jump on land?

NOT YET

PARENT / CHILD

Will the student go underwater voluntarily?

NOT YET

PRESCHOOL 1 & STAGE 1

Can the student do a front and back float on their own?

NOT YET

PRESCHOOL 2 & STAGE 2

Can the student swim 15 yards on their front and back?

NOT YET

STAGE 3

Can the student swim 15 yards of front crawl and back crawl?

NOT YET

STAGE 4

Can the student swim front crawl, back crawl, and breaststroke for 25 yards?

NOT YET

STAGE 5

Can the student swim front crawl, back crawl, and breaststroke for 50 yards?

NOT YET

STAGE 6

FALL GROUP SWIM LESSONS

September Tuesday & Thursday Evenings

Fall Session 1: September 9 - October 2

5:00 - 5:30 PM	Stage 1	Preschool 2	
5:35 - 6:05 PM	Stage 3	Stage 2	
6:10 - 6:50 PM	Stage 4	Stage 5	Stage 6

October Monday & Thursday Evenings

Fall Session 2: October 6 - 30

5:00 - 5:30 PM	Stage 2	Stage 3	
5:35 - 6:05 PM	Preschool 2	Stage 1	
6:10 - 6:40 PM	Parent/ Child	Preschool 1	

REGISTER HERE!



Questions? Contact Me!

Erin Jans

Aquatics Director

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Ready to sign up? Head to www.ymcaworthington.org and click "Register" to get started!

November Monday & Thursday Evening

Fall Session 3: November 3 - December 1

5:00 - 5:30 PM	Preschool 1	Stage 2	
5:35 - 6:05 PM	Stage 1	Stage 3	
6:10 - 6:50 PM	Stage 4	Stage 5	Stage 6

Private & Semi-Private Swim Lessons



Private Lessons

Private lessons are for children and adults, 3 years of age and older. Lessons are subject to availability of instructors.

Member: \$80

Non-Member: \$135

These lessons are designed to give participants individualized attention in order to improve or master their swimming skills. Each session includes 5, 30 minute lessons.

Semi - Private Lessons

Semi-private lessons are for children and adults, 3 years of age and older, where two or three participants share the same time slot with one instructor. Lessons are subject to availability of instructors.

Member: \$60

Non-Member: \$115

Semi-private lessons are available for 2 or 3 participants. These lessons are great for families with children in the same stage. Each session includes 5, 30 minute lessons.

Scan QR Code to fill out questionnaire form

