



INDOOR POOL SCHEDULE

EFFECTIVE OCTOBER 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM Lap 5:45-7:15 AM	AM Lap 5:45-7:15 AM	AM Lap 5:45-7:15 AM	AM Lap 5:45-7:15 AM	AM Lap 5:45-7:15 AM		
Aquanastics 8:00-8:55 AM	*Lap Swim & Water Walking 8:30-9:30 AM	Aquanastics 8:00-8:55 AM	*Lap Swim & Water Walking 8:30-9:30 AM	Aquanastics 8:00-8:55 AM	AM Lap 8:30-9:30 AM	
Noon Lap 12:00-1:00 PM	Noon Lap 12:00-1:00 PM	Noon Lap 12:00-1:00 PM	Noon Lap 12:00-1:00 PM	Noon Lap 12:00-1:00 PM		
					Open Swim 1:30-4:30 PM	Open Swim 1:30-4:30 PM
*Evening Lap 5:00-6:00 PM	Swim Team 4:00-6:15 PM		*Evening Lap 5:00-6:00 PM			
Group Swim Lessons 5:00-6:40 PM		Evening Lap 5:00-6:00 PM	Group Swim Lessons 5:00-6:40 PM	Evening Lap 5:00-6:00 PM		
Swim Team 6:00-9:00 PM	Evening Lap 6:30-7:30 PM	Open Swim 6:00-8:00 PM	Swim Team 6:00-9:00 PM	Open Swim 6:00-8:00 PM		

*2 lanes available
for Lap Swimming



For our pool rules,
scan this QR Code

For our lap swim guidelines,
please scan this QR Code

