



SENIOR Group & Activities Schedule JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	7-9am-P.ball 8-8:55am: Aquanastics 10-10:45am: SS Classic 10am- Pickleball	7-9am-P.ball 9:15-9:55am: SS Chair Yoga 10:30-11:30am: Water Walking 10-10:35am: Drum Fit 10-10:30am: FW Strength Circuit 10am- Pickleball	7-9am-P.ball 8-8:55am: Aquanastics 10-10:45am: SS Classic 10am- Pickleball		7-9am-P.ball 10am- Pickleball	
7	8	9	10	11	12	13
	7-9am-P.ball 8-8:55am: Aquanastics 10-10:45am: SS Classic 10am- Pickleball	7-9am-P.ball 9:15-9:55am: SS Chair Yoga 10:30-11:30am: Water Walking 10-10:35am: Drum Fit 10-10:30am: FW Strength Circuit 10am- Pickleball	8-8:55am: Aquanastics 10-10:45am: SS Classic	9:15-9:55am: SS Chair Yoga: Moved to MPR 10:30-11:30am: Water Walking 10-10:30am: FW Strength Circuit: MOVED to MPR	7-9am-P.ball 8-8:55am: Aquanastics 10-10:35am: Drum Fit 10am- Pickleball	
14	15	16	17	18	19	20
	7-9am-P.ball 8-8:55am: Aquanastics 10-10:45am: SS Classic 10am- Pickleball	9:15-9:55am: SS Chair Yoga: Moved to MPR 10:30-11:30am: Water Walking 10-10:35am: Drum Fit 10-10:30am: FW Strength Circuit	8-8:55am: Aquanastics 10-10:45am: SS Classic 12:30: Transportation Services & Programs: Assisting Seniors On the Go	7-9am-P.ball 9:15-9:55am: SS Chair Yoga 10:30-11:30am: Water Walking 10-10:30am: FW Strength Circuit 10am- Pickleball	7-9am-P.ball 8-8:55am: Aquanastics 10-10:35am: Drum Fit 10am- Pickleball	
21	22	23	24	25	26	27
	7-9am-P.ball 8-8:55am: Aquanastics 10-10:45am: SS Classic 10am- Pickleball	7-9am-P.ball 9:15-9:55am: SS Chair Yoga 10:30-11:30am: Water Walking 10-10:35am: Drum Fit 10-10:30am: FW Strength Circuit 10am- Pickleball	7-9am-P.ball 8-8:55am: Aquanastics 10-10:45am: SS Classic 10am- Pickleball	7-9am-P.ball 9:15-9:55am: SS Chair Yoga 10:30-11:30am: Water Walking 10-10:30am: FW Strength Circuit 10am- Pickleball	7-9am-P.ball 8-8:55am: Aquanastics 10-10:35am: Drum Fit 10am- Pickleball	
28	29	30	31			
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