INDOOR POOL SCHEDULE

NOVEMBER 2-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM Lap **5:45-7:15 AM**	AM Lap **5:45-7:15 AM**	AM Lap **5:45-7:15 AM**	AM Lap **5:45-7:15 AM**	AM Lap **5:45-7:15 AM**		
Aquanastics **8:00-8:55 AM**		Aquanastics **8:00-8:55 AM**		Aquanastics **8:00-8:55 AM**	AM Lap **8:15-9:15 AM**	
*Lap Swim & Water Walking **9:00-10:00 AM**		*Lap Swim & Water Walking **9:00-10:00 AM**	Toddler Swim **9:00-10:00 AM**	*Lap Swim & Water Walking **9:00-10:00 AM**		
	*Lap Swim & Water Walking **10:30-11:30 AM**		*Lap Swim & Water Walking **10:30-11:30 AM**		Worthington Stingrays Home Swim Meet **9:20 AM - 3:00 PM**	
Noon Lap **12:00-1:00 PM**	Noon Lap **12:00-1:00 PM**	Noon Lap **12:00-1:00 PM**	Noon Lap **12:00-1:00 PM**	Noon Lap **12:00-1:00 PM**		Open Swim **1:30-4:30 PM**
Open Swim **1:00-4:00 PM**						
Group Swim Lessons **4:25-6:40 PM**	Stingrays Swim Team **4:00-6:15 PM**	Lap Swim **5:00-6:00 PM**	Group Swim Lessons **4:25-6:40 PM**			
Lap Swim **4:25-6:00 PM**	Lap Swim **6:15-7:30 PM**	Aqua Fit **6:00-7:00 PM**	Lap Swim **4:25-6:00 PM**	Lap Swim **5:00-6:00 PM**		
Stingrays Swim Team **6:00-9:00 PM**		Open Swim **6:00-8:00 PM**	Stingrays Swim Team **6:00-9:00 PM**	Open Swim **6:00-8:00 PM**		

*2 lanes available for Lap Swimming

Pool schedule subject to change. Scan QR Code to view live schedule

For our pool rules, scan this QR Code

For our lap swim guidelines, please scan this QR Code