



INDOOR POOL SCHEDULE

OCTOBER 26 - NOVEMBER 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM Lap 5:45-7:15 AM	AM Lap 5:45-7:15 AM	AM Lap 5:45-7:15 AM	AM Lap 5:45-7:15 AM	AM Lap 5:45-7:15 AM		
Aquanastics 8:00-8:55 AM		Aquanastics 8:00-8:55 AM		Aquanastics 8:00-8:55 AM	AM Lap 8:30-9:30 AM	
JCSAW 9:30-11:00 AM	JCSAW 9:30-11:00 AM	JCSAW 9:30-11:00 AM	JCSAW 9:30-11:00 AM	JCSAW 9:30-11:00 AM		
	*Lap Swim & Water Walking 11:00 AM-12:00 PM		*Lap Swim & Water Walking 11:00 AM-12:00 PM			
Noon Lap 12:00-1:00 PM	Noon Lap 12:00-1:00 PM	Noon Lap 12:00-1:00 PM	Noon Lap 12:00-1:00 PM	Noon Lap 12:00-1:00 PM		Open Swim 1:30-4:30 PM
Group Swim Lessons 4:00-6:45 PM	Stingrays Swim Team 4:00-6:15 PM	Lap Swim 5:00-6:00 PM	Group Swim Lessons 4:00-6:45 PM			
Lap Swim 4:00-6:00 PM	Lap Swim 6:15-7:30 PM	Aqua Fit 6:00-7:00 PM	Lap Swim 4:00-6:00 PM	Lap Swim 5:00-6:00 PM		
Stingrays Swim Team 6:00-9:00 PM		Open Swim 6:00-8:00 PM	Stingrays Swim Team 6:00-9:00 PM	No Open Swim 10/30 & 10/31		

*2 lanes available
for Lap Swimming

Pool schedule
subject to change.
Scan QR Code to
view live schedule



For our pool rules,
scan this QR Code



For our lap swim
guidelines, please scan
this QR Code

